


# TRUTH SCOUTS



This handbook belongs to:

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“And you shall love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.’ The second is this: ‘You shall love your neighbor as yourself.’ There is no other commandment greater than these.”

-Mark 12:30-32





# **TRUTH SCOUT PLEDGE**

Our goal is to enjoy God  
and to grow in grace and  
wisdom in every area of our  
lives.

## **BADGE CATEGORIES**

Red - Compassion & Mercy

Blue - Caring For My Soul

Yellow - Mental Knowledge

Green - Physical Abilities



# RED BADGES

## COMMUNICATION BADGE

### Task:

□ Call a friend on the phone and use all the following guidelines for a polite conversation.

### Why?

By showing respect to others in how we speak to them, we are able to honor and encourage them.

### Guidelines:

- a) Decide why you need to call your friend.
- b) Ask your parent if you can call the parent of your friend.
- b) When your friend's parent answers, speak loudly, slowly, and clearly, and say, "Hello, Mrs. \_\_\_\_! This is \_\_\_\_\_. I was wondering if I may speak to \_\_\_\_\_."
- c) If he/she says, "Sure, I'll go get him," say "Thank you!" If he/she says "He's not available right now," say "Thank you anyway. Please let him know I called. I hope you have a great day."
- d) When you're finished speaking, say "Thanks for talking with me. Have a great day. Goodbye!"
- e) Return the phone to your parent and thank him/her for letting you use it.



# RED BADGES

## MAIL BADGE

### Task:

□ Write or draw a letter to someone and follow all the steps for sending mail.

### Why?

Sending mail is a thoughtful way to let others know we love and care about them.

### Guidelines:

- Choose paper and an envelope and create your letter.
- Add a sticker, photo, or an extra surprise to your envelope.
- Lick or tape the envelope shut.
- Find the full name and address of the person to whom you are writing and copy it onto the middle of the smooth side of the envelope.
- Write your own full name and address in the upper-left corner. Addresses should be written in three lines:

Name

Street

City, State, Zip Code

- Place a stamp in the upper-right corner and pay the price of the stamp to your parent.
- Put your envelope in the mailbox, close the lid, and lift the flag up to let the mailman know you're sending a letter!



# RED BADGES

## MEAL BADGE

### Task:

☐ Make a meal for someone else that has at least four different items and deliver it to them.

### Why?

Our daily need for food is one of the biggest ways that we depend on God every day. What a blessing to be the way that God provides for His creation, even if it's only for one meal! Learning to create meals now will open all kinds of doors to serve others in the future, since everybody has to eat!

### Guidelines:

a) Think about who could use a meal, figure out a good time to give them one, and if necessary check to make sure they'll be available to receive it.

b) Plan and prepare your meal's four parts:

- 1)
- 2)
- 3)
- 4)

Maybe you could prepare a sandwich, a fruit, a treat, and a drink!

5) Is there any special way you can package the meal to make the recipient feel extra loved? (Maybe put confetti in the bag or add a nice note!) Make sure you remember a napkin!

6) Give the meal with a smile and lots of love!



# RED BADGES

## GENEROSITY BADGE

### Task:

☐ Raise \$10 for the organization/ministry/family of your choice and send it to them.

### Why?

How we spend our money shows a lot about what's important in our hearts. Let's start habits now in which we decide to pass up comforts so that we can help others. All money is God's anyway, so let's use the money He lends us for His glory!

### Guidelines:

- a) Do you know anyone who is in desperate need of some money? If not, what would you like to see the \$10 you raise accomplish? Some tips: Support Bible translation through Wycliffe or check World Vision's Gift Catalog, where you can feed a refugee child for a week with only \$10.
- b) Set aside a container where you will store the money.
- c) Make a plan for how you can work hard to raise that money for the people in need! (Make and sell crafts, do extra yard work, etc.)
- d) Send in the money and pray that God will bless those who receive it.
- e) Pray and think about how you can give regularly!



# BLUE BADGES

## PSALMS BADGE

### Task:

- Memorize at least five verses of a Psalm.

Psalm of choice: \_\_\_\_\_.

### Why?

The Psalms help us know how to express our feelings to God, whether we feel happy, sad, angry, jealous, or even confused. And every Psalm, no matter how sad it is, ends with hope and trust in God. Our hearts can trust Him too.

### Guidelines:

- a) Choose your Psalm by asking your parents some of their favorites.

Recommended Psalms:

Psalm 100, Psalm 23, Psalm 63:1-5, Psalm 1, Psalm 46:1-5

- b) Figure out a plan to memorize. If you can't read, maybe ask your parents to make a recording of the Psalm so you can listen to it over and over again. Or ask your parents to read it a couple times every time you eat a meal.

- c) Once you think you know the five verses really well, repeat them to yourself a few times and then tell your mom or dad!

# PSALM



# BLUE BADGES

## SONGWRITER BADGE

### Task:

□ Write a song to God that has a chorus (repeating part) and at least two verses.

### Why?

Psalm 96:1 says “Sing a new song to the Lord.” It’s good to create new songs to Him and He loves to hear our hearts. Isn’t it beautiful that God has designed you with such a desire to sing?

### Guidelines:

- a) Listen to or sing some of your favorite songs that have a chorus and two verses.
- b) What do you want the main point of your song to be? (Praising God for creation? Asking for His help if you’re sad?) Ask God to help you write this song!
- c) If you can’t write yet, ask your parents to help you write down the words. If you can make words rhyme or make the verses sound similar to each other, that’s great!
- d) Create a chorus that everyone will sing a few times throughout your song.
- e) Put your song together and teach it to your family!



# YELLOW BADGES

## AUTOMOTIVE BADGE

### Task:

Show the ability to check key components of a car.

### Why?

Driving a car is a very helpful way to gather with our church family, run errands, visit loved ones, get doctor checkups...It's important to make sure your car is working well!

### Guidelines:

a) Choose a parent who will be able to show you the following different parts and ask them to teach you where each part is and how to make sure everything is working properly:

- 1) Oil
- 2) Power Steering
- 3) Tire Tread
- 4) Blinkers
- 5) Headlights
- 6) Tail lights
- 7) High beams
- 8) Fuel

b) Serve your parents by cleaning up the car a little!



# YELLOW BADGES

## COOKING BADGE

### Task:

Learn to cook or bake one special dish with as little help as possible.

Dish of choice:

### Why?

Cooking for others is a major way we can serve them. Plus it's fun! Can you believe that God has created so many different smells and tastes? Everything could've been ugly and bland but He has made eating and even cooking an enjoyable experience.

### Guidelines:

a) Ask your mom or dad what they think would be a good recipe for you to start with.

Some suggestions by difficulty:

Easy - Fruit salad, peanut butter and crackers

Medium - Baking from a box mix, Bananas+oats+choc chips baked into cookies, scrambled eggs

Hard - Baking cookies from scratch, making spaghetti and sauce, etc.

b) Gather materials and make sure you find out what you need to do to be safe. Then have fun cooking and eating!



# GREEN BADGES

## HIKING BADGE

### Task:

- Hike for 2 miles without complaining.

### Why?

Taking care of your body is an important way to show thankfulness to God for giving you life. Plus, hiking is an enjoyable way to see, smell, and touch nature and spend quality time with people you love!

### Guidelines:

- Ask your parent where you can go hiking for two miles. (If you can't find a 2-mile course, maybe do a few loops of a shorter hike.) Is it possible to even do this hike with a friend or some other Truth Scouts?
- Make sure you wear socks and good shoes, that you're covered with bug spray or sunscreen if needed, and pack water and a snack!
- While you hike, try to see God's beauty in all that He has made.
- When you start to feel tired, quietly ask God to give you strength and do something to distract yourself. Maybe sing a song or talk about something silly while you're walking!
- Make sure you follow your mom or dad's instructions!



# GREEN BADGES

## SWIMMING BADGE

### Task:

Swim to both sides of the pool. (It's okay if you need a floatie as long as it's your body that's moving you!)

### Why?

Swimming is not only an excellent way to take good care of the body that God has given you, but it can save your life (and the lives of others!) in an emergency situation! It's a really important skill to have.

### Guidelines:

- a) Decide with your parent where and when you can go swimming. Maybe even plan a swim date with other Adventure Scouts!
- b) Gather the supplies you need. Don't forget sunscreen, water, a towel, and swim clothes!
- c) Go to the pool and try to cross the other side!
- d) For inspiration, you could ask your parent to show you videos on Youtube of little kids learning to swim. It takes a lot of trying hard and not giving up, but you can do it! Ask God to help you!

